A six week course for parents and carers of children aged 10—14 years

Learn to:
Understand your teen better
Improve communication
Negotiate boundaries
Solve problems together
Set effective limits
Manage risky behaviour

Tuesdays 30 April-11 June 2013
(No session 4 June)
7.00 pm-9:30 pm
MC Square, 687 Doncaster Road
Doncaster

Cost: $100 single, $130 couple
Concession: $60 single, $75 couple
Please note that parents/carers will not be excluded on the basis of an inability to pay.
If the cost is a concern, please talk to us about this.

Places are limited. Booking essential.
Contact Doncare on 9856 1500
or reception@doncare.org.au

Doncare Parent Education Program
supported by Manningham City Council